

Sarah Arslanian

The Mindful Informant



Information is power and one must understand how personal goals and decisions impact all aspects of educational, financial and professional success. At the same time, one must be mindful of all of the static that seeks to disrupt those dreams. Sarah provides the conduit to the information you need, helping you honor your personal strengths and goals to focus on what is meaningful in your life.

About Sarah:

Sarah began her career in higher education over 20 years ago. Her experience includes college admissions, financial aid and financial education. She is passionate – if not downright nerdy – about student academic and financial success.

M.A. Social Impact, Claremont Lincoln University

B.A. English, California State University, Fullerton

Sarah's Financial Tip:

Recognize your triggers! Once you understand what they are you can begin to change your spending habits and save money as you do so. There are many ways you can learn to become more financially mindful, including creating a spending plan or by listing out reasons why you should (or should not) make a purchase.